

# Lunch Menu

We offer vegetarian options as well as catering for special diets

## WEEK ONE

Weeks beginning: 9<sup>th</sup> Nov, 30<sup>th</sup> Nov, 4<sup>th</sup> Jan, 25<sup>th</sup> Jan, 22<sup>nd</sup> Feb, 14<sup>th</sup> Mar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Macaroni Cheese Tomato Bread Vegetables	Pork and Apple Burger Herby Diced Potatoes Baked beans, Vegetables	Chicken and Sweetcorn Pie Mashed Potatoes, Gravy Vegetables	Roast Beef and Yorkshire Pudding, Roast Potatoes Gravy, Vegetables	Battered Fish Fillet Chips, Baked Beans Vegetables
Yogurt	Jelly	Scotch Pancake	Cinnamon Swirl Cake	Berrylicious Muffin

## WEEK TWO

Weeks beginning: 16<sup>th</sup> Nov, 7<sup>th</sup> Dec, 11<sup>th</sup> Jan, 1<sup>st</sup> Feb, 29<sup>th</sup> Feb, 21<sup>st</sup> Mar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Vegetarian Pasta Bolognese, Vegetables	Suffolk Pork Sausages Mashed potatoes, Gravy Vegetables	Margherita Pizza, Jacket Wedges, Baked Beans, Vegetables	Roast Chicken, Stuffing, Roast Potatoes, Gravy Vegetables	Fish Fingers, Chips Baked beans, Vegetables
Apple slice and biscuit	Yogurt	Oaty Flapjack	Jelly	Fruity Bakewell Tart

## WEEK THREE

Weeks beginning: 2<sup>nd</sup> Nov, 23<sup>rd</sup> Nov, 14<sup>th</sup> Dec, 18<sup>th</sup> Jan, 8<sup>th</sup> Feb, 7<sup>th</sup> Mar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Italian Cheese and Tomato Whirl, Jacket Wedges Baked Beans, Vegetables	Beef meatballs, Mashed Potatoes, Gravy Vegetables	Smokey Joe Chicken, Rice Vegetables	Local Roast Pork, Stuffing, Roast Potatoes, Gravy Vegetables	Battered Fish Fillet, Chips Baked beans, Vegetables
Rainbow Iced Sponge	Banana and Apple Muffin	Chocolate Fudge Cake	Yogurt	Shortbread and Fruit Juice